

THREE SESSIONS TO CHOOSE FROM!

Session 1

September 6 - November 11

(Closed Friday, Sept 23, Thursday, Sept 29 & Monday, Oct 31)

Session 2

January 10 - March 3

(8 straight weeks, no closings)

Session 3

March 13 - May 16

(Closed 4/2 thru 4/11)

REGISTRATION PROCEDURES

PHONE: 301-846-4247 for information

MAIL: Download a registration form at www.24-7dancestudio.com and then mail your completed form with payment (Visa or MasterCard accepted)

REGISTRATION INFO

Registration Fee – non refundable (yearly)

Individual \$15.00 Family \$25.00

CLASS RATES

Additional Classes** (8 week class sessions)

(½ hour).....\$105.00

(45 min).....\$120.00

(1 hour).....\$150.00

.....music classes add \$35 materials fee

**No other discounts apply

482-A Prospect Blvd.
Frederick, MD 21701

301-846-4247

www.24-7dancestudio.com



Dance With Us...
Confidence, Dependability, Dedication...Dancer



8 week programs

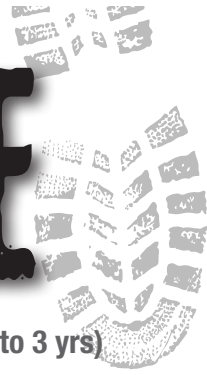
482-A Prospect Boulevard

Frederick, MD 21701

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DANCE



CREATIVE MOVEMENT (Ages 2 ½ to 3 yrs) **Tuesday 10:00 am -10:30 am**

A breakdown of primary motor skill movement to fun and exciting activities. Through imagery and play the children learn cooperation, patience, gross motor skills, and self esteem.

**includes some mat work*

Attire: Pink Leotard & Footless Tights, No Shoes

INTRO TO DANCE (Ages 3 to 4 yrs) **Tuesday 10:30 am - 11:15 am**

A children's class which incorporates Pre-Ballet and Creative Movement. An introduction of basic ballet steps and vocabulary while continuing primary motor skills to build self-assurance and confidence

**includes some mat work*

Attire: Pink Leotard & Footed Tights, Pink Leather Ballet Shoes

COMBO (Ages 5 to 7 yrs) **Saturday 1:30 pm - 2:45 pm**

A children's class which incorporates Ballet, Tap and Jazz. Class includes a breakdown of the basic dance steps with an emphasis on proper technique. Careful attention is given to positive encouragement while working on technical corrections.

Attire: Black Leotard &Footed Tights, Pink Leather Ballet Shoes & Tap Shoes



ELEMENTARY/PRE TEEN HIP HOP (Ages 8 to 12 yrs) **Saturday 2:30 pm - 3:30 pm**

ADULT JAZZ (Ages 18 & up) **Wednesday 11:30 am - 12:30 pm** **Wednesday 8:30 pm - 9:30 pm**

ADULT TAP (Ages 18 & up) **Tuesday 11:30 am - 12:30 pm**

ADULT HIP HOP (Ages 18 & up) **Tuesday 8:30 pm - 9:30 pm**



MUSIC PUPS TOTS (Ages 1 to 3 yrs) **Parent Participation Class** **Monday 11:15 am - 12:00 noon** **Thursday 11:15 am - 12:00 noon**

MUSIC PUPS PRESCHOOL (Ages 3 to 5 yrs) **Parent Participation Class** **Monday 12:30 pm - 1:15 pm** **Thursday 12:30 pm - 1:15 pm**

Designed to nurture the musical development of young children by motivating parents and caregivers to engage in musical activities with their child. Through teacher modeling, play, parent education, a developmentally appropriate curricula, CDs, books, instruments, and activities

TUMBLE

TUMBLE TOTS (Ages 2 to 3 yrs) **Tuesday 10:00 am - 10:45 am**

PRESCHOOL GYMNASTICS (Ages 3 to 5 yrs) **Tuesday 12:30 pm - 1:15 pm** **Wednesday 12:30 pm - 1:15 pm**

ELEMENTARY GYMNASTICS (Ages 6 to 8 yrs) **Friday 4:30 pm - 5:30 pm**

ELEMENTARY GYMNASTICS (Ages 8 to 10 yrs) **Friday 5:30 pm - 6:30 pm**

Children will learn basic gymnastics skills and improve fine and gross motor skills in classes that blend physical and social development. In addition to listening, turn taking and following directions, we will introduce gymnastics terminology, additional basic gymnastics skills and body positions.

ENERGY

KIDFIT (Ages 3 to 5 yrs) **Tuesday 9:00 am -10:00 am** **Wednesday 9:00 am -10:00 am** **Friday 9:00 am -10:00 am**

This class provides children an opportunity to safely explore their environment and introduces them to physical activity. Children will learn body positions and basic sports type skills. This class is also a great environment to introduce children to important social skills such as listening, taking turns and following directions.

